Suggested items to bring:

- One (1) large piece of luggage  
- One (1) personal carry-on bag (backpack)

Carry-on bag items:
- Glasses, contacts & solution, sunglasses
- Spending money (Wallet and/or change purse)
- Hand sanitizer (personal travel size)
- Toothbrush & toothpaste
- Chargers for all electronic devices
- Sweatshirt/Jacket, rain jacket, (please check weather forecast before your departure)
- Decks of cards/games (for bus and room)
- iPods, iPads, Kindles, etc. to enjoy on the bus (remember to bring headphones)
- G, PG, and PG-13 movies for the bus (to be played at teachers’ discretion)
- Medicines and Copies of any Prescriptions
- Reusable water bottle
- Cosmetics
- Hair brush, comb, etc.
- Sunglasses
- Magazines, books
- Hat

Large luggage items:
- Dress code per school regulations
- All 5 Upward Bound/Upward Bound UBMS Shirts
- pants/jeans/shorts
- 1 light jacket for cold weather or rain
- Poncho or travel umbrella
- 2 pairs of pajamas
- Underwear & socks for 5 days
- Toiletries: shampoo, soap, deodorant, retainers, feminine products, etc.
- Bathing suit (if you are unsure of what is acceptable please ask!!!)
- Comfortable walking shoes (we recommend no flip-flops!)
- A pillow and light-weight blanket for the bus (if you wish)
- Small Bag for Day Trips (not a full-size school backpack)

Packing Tips:
Don’t over pack! A common mistake is to take too many clothes, unnecessary toiletries, etc. Each student must be able to carry their own luggage. Usually one suitcase and one backpack are sufficient. Use Ziploc bags to hold shampoos and other toiletries that could leak. Keep in mind that what a student brings is THEIR responsibility to keep up with and manage.